



Deanwood Primary School

Intimate Care Policy

Policy Scope: Deanwood Primary School

Responsibility: Local Governing Body

Review Frequency: 2 years

Review Date: May 2026

The Governing Body of Deanwood Primary School adopted this policy in March 2022.

Signed by D Giles, Chair of Governors:

A handwritten signature in black ink, appearing to read "D Giles", is written over a horizontal line.

Intimate Care Policy

It is our intention to develop independence in each child, however there will be occasions when help is required. Our intimate care policy has been developed to safeguard children and staff. It is one of a range of specific policies that contribute to our pastoral care policy. The principles and procedures apply to everyone involved in the intimate care of children.

Children are generally more vulnerable than adults and staff involved with any aspect of pastoral care need to be sensitive to their individual needs.

Intimate care may be defined as any activity that is required to meet the personal needs of an individual child on a regular basis or during a one-off incident.

Such activities can include: -

- ◆ Toileting
- ◆ Feeding
- ◆ Oral care
- ◆ Washing
- ◆ Changing clothes
- ◆ First aid and medical assistance
- ◆ Supervision of a child involved in intimate self-care

Parents have a responsibility to advise the Extended Services of any known intimate care needs relating to their child.

Principles of intimate care

The following are the fundamental principles of intimate care upon which our policy guidelines are based.

Every child has the right to: -

- ◆ Be safe
- ◆ Personal privacy
- ◆ Be valued as an individual
- ◆ Be treated with dignity and respect
- ◆ Be involved and consulted on their, own intimate care to the best of their abilities.
- ◆ Express their views on their own intimate care and to have such views considered
- ◆ Have levels of intimate care that are appropriate and consistent

Deanwood staff Services responsibilities

All members of staff working with children are DBS checked by the criminal record bureau and two references.

Only those members of staff who are familiar with the intimate care policy are involved in the intimate care of children.

Only in an emergency would staff undertake any aspect of intimate care that has not been agreed by the parents. This act of intimate care would be reported to a member of staff and parents at the earliest possible time following the event.

If a staff member has concerns about a colleague's intimate care practice he or she must report this to the Designated Safeguarding Lead.

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Guidelines for good practice

All children have the right to be safe and to be treated with dignity and respect. These guidelines are designed to safeguard children and staff. They apply to every member of staff involved with the intimate care of children.

Young children and children with special educational needs can be especially vulnerable. Staff involved with their intimate care need to be particularly sensitive to their individual needs.

Members of staff also need to be aware that some adults may use intimate care, as an opportunity to abuse children. It is important to bear in mind that some forms of assistance be open to misinterpretation.

Involve the child in the intimate care

Try to encourage a child's independence as far as possible in his or her intimate care. Where a situation can mean the child is fully dependent, talk about what is going to be done and, where possible, give choices.

Check your practice by asking the child or parent about any preferences while carrying out the intimate care.

Treat every child with dignity and respect and ensure privacy appropriate to the child's age and situation

Care should not be carried out by a member of staff working alone with a child.

Make sure practice in intimate care is consistent

As a child may have multiple carers a consistent approach to care is essential. Effective communication between all parties ensures that practice is consistent.

Be aware of your own limitations

Only carry out activities you understand and feel competent with. If in any doubt, ask. Some procedures must only be carried out by members of staff who have been formally trained and assessed.

Promote positive self-esteem and body image

Confident, self-assured children who feel their bodies belong to them are less vulnerable to sexual abuse. The approach you take to intimate care can convey lots of messages to a child about their body worth. Your attitude to a child's intimate care is important. Keeping in mind the child's age, routine care can be both efficient and relaxed.

If you have any concerns you must report them

If you observe any unusual markings, discolouration or swelling, report it immediately to the Designated Safeguarding Lead.

If a child is accidentally hurt during intimate care or misunderstands or misinterprets something, reassure the child, ensure their safety and report the incident immediately to the Designated Safeguarding Lead. Report and record any unusual emotional or behavioural response by the child. A written record of concerns must be made available to parents and kept in the child's personal file.

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Working with children of the opposite sex

There is positive value in both male and female staff being involved with children. Ideally, every child should have the choice for intimate care but the current ratio of female to male staff means that assistance will more often be given by a woman. The intimate care of boys and girls can be carried out by a member of staff of the opposite sex with the following provisions:

- ◆ When intimate care is being carried out, all children have the right to dignity and privacy, eg they should be appropriately covered, the door closed or screens/curtains put in place.
- ◆ If the child appears distressed or uncomfortable when personal tasks are being carried out, the care should stop immediately. Try to ascertain why the child is distressed and provide reassurance.
- ◆ Report any concerns to the Designated Safeguarding Lead and make a written record.
- ◆ Parents must be informed about any concerns.

Communication with children

It is the responsibility of all staff caring for a child to ensure that they are aware of the child's method and level of communication. Depending on their maturity and levels of stress children may communicate using different methods - words, signs, symbols, body movements, eye pointing etc.

- ◆ To ensure effective communication
- ◆ Make eye contact at the child's level
- ◆ Use simple language and repeat if necessary
- ◆ Wait for response
- ◆ Continue to explain to the child what is happening even if there is no response
- ◆ Treat the child as an individual with dignity and respect

It is important to note that in addition to the information in the Intimate Care Policy, reference should also be made to the Child Protection Policy.

Toileting and Nappy Changing.

- ◆ We provide a nappy changing area for changing children.
- ◆ We ask parents to provide nappies and wipes for their children
- ◆ Changing equipment such as aprons, gloves and blue roll is provided by the school.
- ◆ We keep individual children's nappies and wipes in a named bag in the changing area.
- ◆ A toileting and changing procedure are displayed in the changing area for all staff need to follow.
- ◆ We provide potties if required or parents can provide their own.